

KELLY'S *choice*

••• NUTRITIONAL COMPANY •••



MEDICAL NUTRITION THERAPY FOR REAL PEOPLE

Help Your Patients Manage Disease, Lose Weight,
And Change – For Good.

Manage chronic disease • Lose weight • Lasting results

Are your patients struggling with:

- ✓ Following complex nutrition programs?
- ✓ Getting motivated to do another “diet” that doesn’t get results?
- ✓ Losing weight?
- ✓ Keeping the pounds off?
- ✓ Nutrition programs that don’t lead to lasting change?
- ✓ Post-bariatric surgery problems?
- ✓ Cardiovascular, diabetes or other chronic disease?



Our Medical Nutrition Therapy Programs Work For Real People

✓ 180 patients
helped

✓ 65 diseases
reversed

✓ 1,400 pounds
lost

"The information on calories, label reading, appropriate sleep and balance in nutrition have been invaluable for me. I learned that protein and vegetables are the fundamentals of improved nutrition, energy and mood. I learned 1200-1500 calories are a recipe for a healthy target of daily nutrition. With this information, I was able to lose 8 pounds in 3 months. That also gave me confidence in what I learned. There is no way for me to thank you enough for my improved mood, weight, energy, and knowledge."

- Flora Gagliostro

Our medical nutrition therapy services include:

- ✓ Medical nutrition counseling.
- ✓ Nutrition assessments.
- ✓ Nutrition screenings.
- ✓ Nutrition counseling.
- ✓ Coordinating with physician/office staff to improve care and outcomes.
- ✓ Evidenced-based nutrition education.
- ✓ Patient-centered care.

Physicians' Offices

- ✓ Our Healthy Start Nutrition Education Series helps children attain good health and their full educational potential by providing Medical nutrition therapy and counseling for patients with a variety of disease states.
- ✓ Group classes on diabetes, cardiovascular disease, and weight management. Presentations about the role healthy eating plays in their overall development.

Healthcare Facilities

- ✓ Nutrition assessments, screenings and counseling for outpatient clinics, home health agencies and hospitals.
- ✓ Nutrition therapy for a variety of disease states, including diabetes and other chronic conditions.

Bariatric Programs

- ✓ Nutrition assessments, screenings and counseling for outpatient clinics, home health agencies and hospitals.
- ✓ Nutrition therapy for a variety of disease states, including diabetes and other chronic conditions.